



Skill India
कौशल भारत - कुशल भारत

IISDET BULLETIN

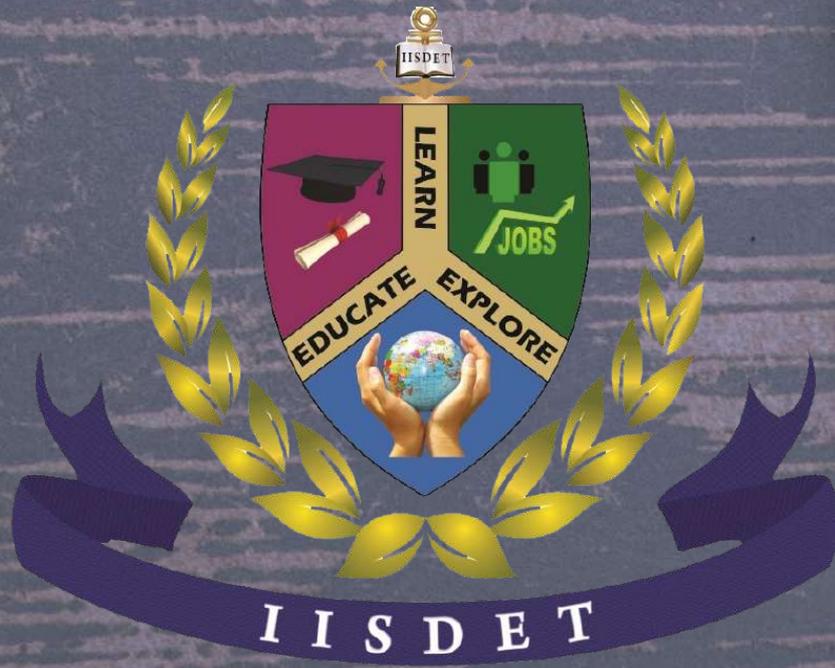


DR. HEMLATA JADHAV
FOUNDER, DIRECTOR
IISDET
"SKILL, FAME AND
EMPLOYMENT"

OCTOBER 2020 EDITION

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"INDIAN INSTITUTE FOR SKILL DEVELOPMENT AND EMPLOYMENT TRAINING"

THE DESTINATION FOR QUALITY LEARNING

IISDET IS ONE OF INDIA'S PARAMOUNT ADVISORY BODY AND A PRESTIGIOUS NON-GOVERNMENTAL ORGANIZATION THAT ARTICULATES THE INTERESTS OF INDUSTRIES, ENTREPRENEURS, ACADEMIC INSTITUTIONS AND THE YOUTH.

INDIAN INSTITUTE FOR SKILL DEVELOPMENT & EMPLOYMENT TRAINING (IISDET) IS AN ORGANIZATION FOCUSED ON GROWING EMPLOYMENT & ENTREPRENEURSHIP.

IISDET PLAYS AN INFLUENTIAL ROLE IN CREATING AND SUSTAINING ENVIRONMENT IN WHICH EMPLOYMENT AND ENTREPRENEURSHIP FLOURISH. THROUGH THE FACILITATION OF PARTNERSHIPS AND WITH AN EXTENSIVE NETWORK OF INFLUENTIAL MEMBERS AND ACADEMIC INSTITUTES; IISDET PROVIDES THE RESOURCE, KNOWLEDGE AND SUPPORT THAT ARE VITAL FOR GROWTH IN EFFECTIVE EMPLOYMENT AND ENTREPRENEURSHIP OPPORTUNITIES.

AS PER GOVERNMENT POLICIES TO FORM THE FOUNDATIONS OF A STRONG ECONOMY, IISDET ENSURES THAT THE INTERESTS OF INDIAN INDUSTRIES AND TRADE ARE PUT ACROSS TO THE INDIAN GOVERNMENT, REGULATORY AUTHORITIES AND THE COMMUNITY IN ORDER TO INFLUENCE BUSINESS POLICIES AND ENTREPRENEURIAL AND EMPLOYMENT OPPORTUNITIES.

IISDET ALSO INTERACTS WITH THE COUNTERPART INTERNATIONAL ORGANIZATIONS TO PROMOTE BILATERAL ECONOMIC ISSUES.

Courses provided by us :

<p>RETAIL SECTOR</p> <ul style="list-style-type: none"> • STORE ATTENDANT • MATERIAL HANDLING • FINISHED GOOD KEEPER • ASSISTANT STORE KEEPER 	 <p>सर्वोच्च शासक GOVERNMENT OF INDIA MINISTRY OF SKILL DEVELOPMENT & ENTREPRENEURSHIP</p>  <p>N.S.D.C National Skill Development Corporation</p>    	<p>TRAINING AND CERTIFICATIONS FOR FRESHERS & CERTIFICATIONS FOR EXPERIENCED CANDIDATES</p>
<p>TAILORING SECTOR</p> <ul style="list-style-type: none"> • HAND EMBROIDERY • BASIC SEWING OPERATOR • JACKET, JODHPURI & SHERWANI MAKING 		 <p>IISDET</p> <p>LEARN • EDUCATE • EXPLORE</p>
<p>GEMS & JEWELLERY SECTOR</p> <ul style="list-style-type: none"> • KUNDAN JEWELLERY MAKING • APPAREL ORNAMENTAL 		<p>PLAT NO. 8-3, Jayash Multi-specialty Hospital, Sector 6, Akurdi, Mani Madhukar, Maharashtra 400088</p> <p>☎ 9788043000 / 7023168551</p> <p>✉ mailto:info@iisdet@gmail.com</p> <p>www.iisdet.com</p>

<p>HEALTH CARE SECTOR</p>	<p>BEAUTY & WELLNESS SECTOR</p>	<p>COMPUTER & IT SECTOR</p>
<ul style="list-style-type: none"> • OT TECHNICIAN • GNM NURSING • B.SC. NURSING • M.SC. NURSING • MEDICAL LAB TECHNICIAN • GNM ASSISTANT • MIDWIFERY ASSISTANT • BEDSIDE ASSISTANT • DRESSER • DIALYSIS TECHNICIAN • MEDICAL RECORD TECHNICIAN • NURSING AIDES • THERAPEUTIC MASSAGE TECHNICIAN • HEALTH CARE MULTIPURPOSE WORKER • DIETITIAN • INNOVILATOR • HOSPITALITY ASSISTANT • PHARMACY ASSISTANT • GNM ASSISTANT • HEALTH & SANITATION OFFICER 	<ul style="list-style-type: none"> • BEAUTY THERAPY • BRIDAL MAKE-UP • NAIL TECHNOLOGY • SPA THERAPY • HAIR STYLIST <p>FABRICATION & ELECTRICAL SECTOR</p> <ul style="list-style-type: none"> • GAS + ARC WELDER • TIG WELDER • REPAIR & MAINTENANCE OF DOMESTIC ELECTRIC APPLIANCES 	<ul style="list-style-type: none"> • DIGITAL MARKETING • TALLY • HARDWARE ASSISTANT <p>HOTEL SECTOR</p> <ul style="list-style-type: none"> • BAR TENDER • FRONT OFFICE • F & B SERVICES • HOUSE KEEPING <p>BANKING SECTOR</p> <ul style="list-style-type: none"> • ACCOUNTS USING TALLY • BANKING SALES REPRESENTATIVE • ACCOUNTS



In Affiliation with



MSBVEE

Offers Courses In Paramedical Field

GNM ASSISTANT



GENERAL NURSING AND MIDWIFERY ASSISTANT

Minimum qualification on required
10th

Duration
1 Year

SCOPE :

Can work in Hospitals, Clinics, Nursing homes and all organizations providing Health Care facilities.

HEALTH AND SANITATION OFFICER



HEALTH AND SANITATION OFFICER (HSO)

Minimum qualification on required
Graduation

Duration
6 Months

SCOPE :

Can work in corporate offices, factories, industries, malls, schools, colleges etc where there is requirement of Health and Sanitation.

UNIVERSITY

COURSES OFFERED BY IISDET :

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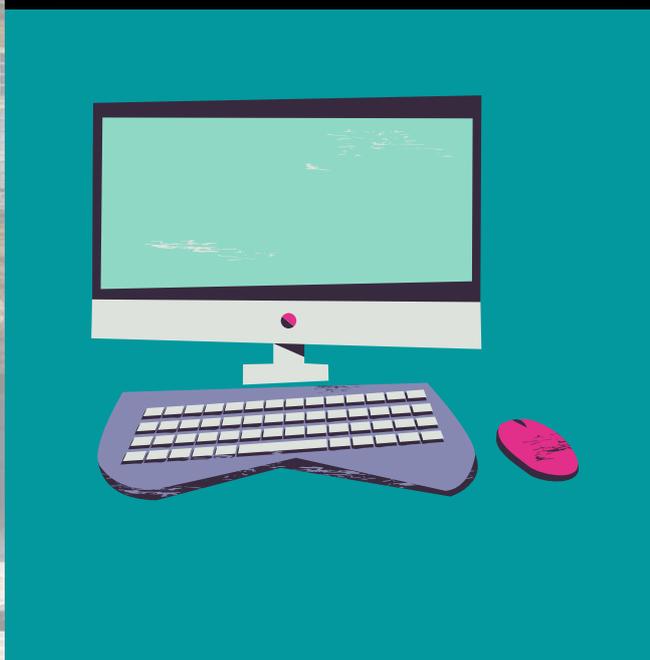
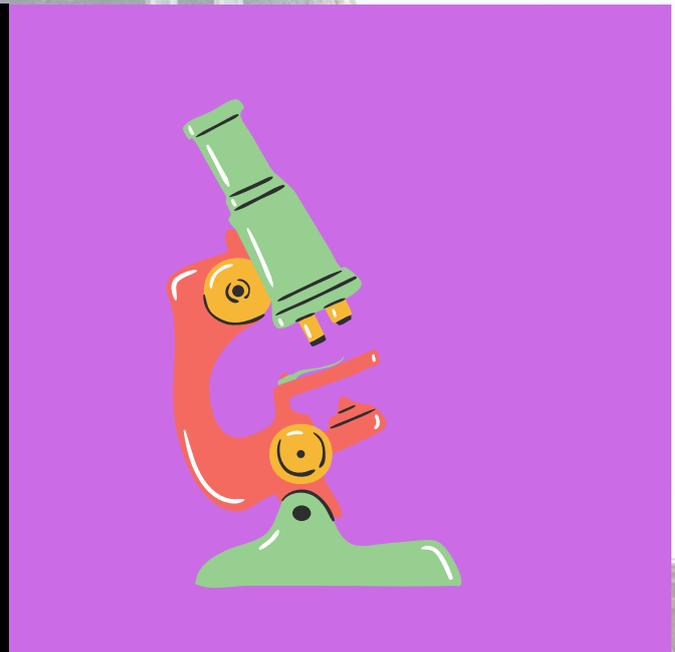
Offers Courses In
Basic & Applied sciences

Sr.No	Course	Duration	Eligibility
1	Bachelor of Science in Bi-technology Animation Information Technology Biology Nanotechnology Bioinformatics Physics Geo-Science Chemistry Microbiology	3Years	10+2
2	Master of Science in Bio-technology Animation Statistics Information Technology Physics Microbiology Nanotechnology Bioinformatics Geo-	2Years	B.Sc in relevant Subject
3	M.Phil	1 Year	M.Sc in relevant Subject
4	Ph.D	3 year (as per UGC Norms)	M.Sc in relevant Subject

Note: Degrees Offered By UGC Approved Universities Are Recognized For Government Jobs All Over INDIA

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Offers Courses In
Computer Science & Engineering Stream

Sr.No	Course	Duration	Eligibility
1	B.C.A	3 Years	10+2 in any stream
2	M.C.A	3 Years	Graduation in any Stream
3	M.Sc (Computer Science)	2 Years	Graduation in any Stream
4	P.G.D.C.A	1 Year	Graduation in any Stream
5	M.Phil	1 Year	M.C.A./ M.Sc. in Computer Science or other relevant subject
6	Ph.D	3 Years (as per UGC Norms)	M.C.A./ M.Sc. in Computer Science or other relevant subject

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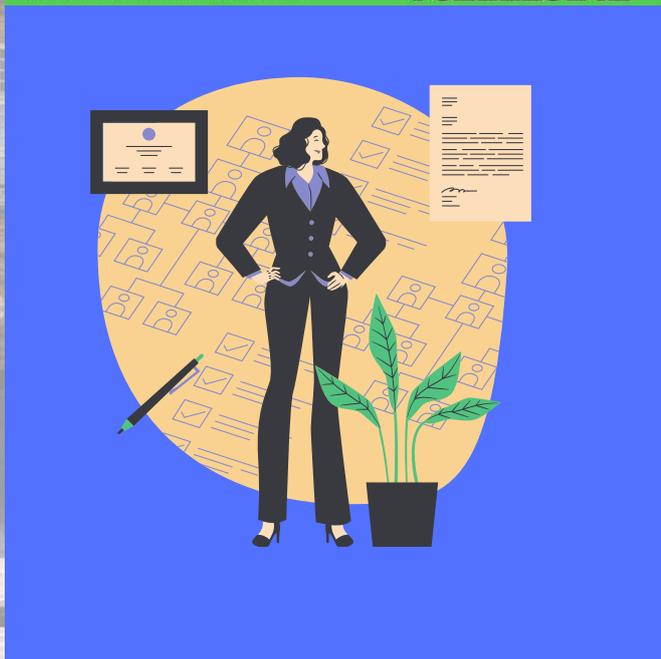
Govt Approved
Offers Courses In
Teacher Education

Sr.No	Course	Duration	Eligibility
1	B.A., B.Ed.	5 Years	10+2 in any Stream
2	B.Com, B.Ed.	5 Years	10+2 in any Stream
3	B.Sc., B.Ed	5 Years	10+2 in any Stream
4	M.Ed.	1Year	B.Ed.
5	M.A Education	2 Years	Graduation in Any Discipline
6	M.Phil	1Year	Master's Degree in relevant Subject
7	Ph.D	3 year (as per UGC Norms)	Master's Degree in relevant Subject

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Govt Approved
Offers Courses In
Management Studies

Sr.No	Course	Duration	Eligibility
1	Bachelor of Business Administration (B.B.A)	3Years	10+2 in any Stream
2	B.B.A in Hospitality & Hotel Management / Retail Operations	3Years	10+2 in any Stream
3	BBA (Marketing / Finance / IT Operations / Hospital Administration)	3Years	Graduation in any Stream
4	M.B.A (Executive)	1Year	Diploma in Engineering with 3 Years of Work Experience / Graduation
5	M.Phil	1Year	Master's Degree in relevant Stream
6	Ph.d	3 year (as per UGC Norms)	Master's Degree in relevant Stream

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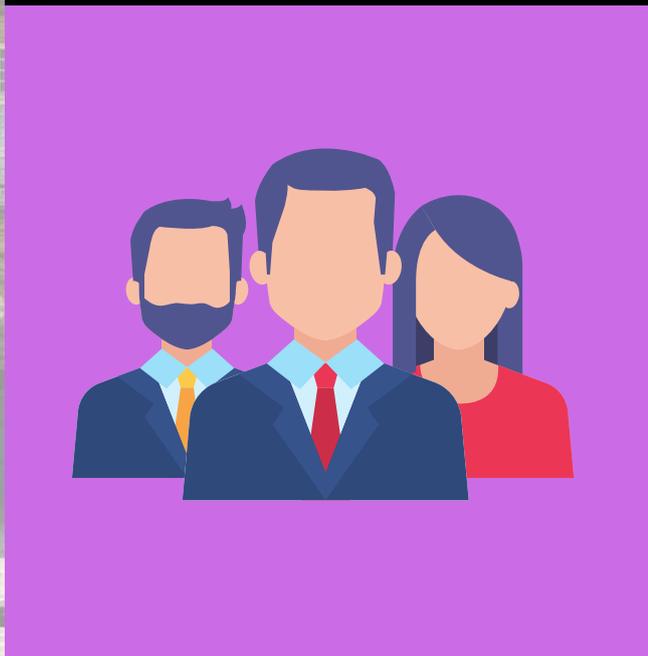
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Offers Courses In
Social Science & Media Studies

Sr.No	Course	Duration	Eligibility
1	Bachelor of Arts in History Political Science Social Work Film & Television Journalism & Mass Communication Media Management Economics Airlines Management Tourism & Travel Management English Education	3Years	10+2
2	Master of Arts in History Social Work Political Science Journalism & Mass Communication Rural Development Film & Television English Media Management Tourism & Travel Management Education	2Years	Graduation Level
3	M.Phil	1 Year	Master's Degree
4	Ph.D	3 year (as per UGC Norms)	Master's Degree

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Offers Courses In
Commerce & Business

Sr.No	Course	Duration	Eligibility
1	Bachelor of Commerce - B.Com. (Hons) In Accountancy Taxation Banking and Insurance	3Years	10+2 in any Stream
2	Master of Commerce In Advanced Accountancy Taxation Finance & Control Banking and Insurance	2Years	B.Com
3	M.Phil	1Year	Master's Degree In Management/ Commerce & Other Relevant Subject
4	Ph.D	3 years (as per UGC Norms)	Master's Degree In Management/ Commerce & Other Relevant Subject

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COURSES OFFERED BY IISDET :

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Offers Courses In

Library & Information Science

Sr.No	Course	Duration	Eligibility
1	Bachelor of Library & Information Sciences (B.Lib)	1Year	Graduation
2	Master in Library Information Sciences (M.Lib)	1Year	B.Lib
3	M.Phil	1Year	M.Lib
4	Ph.D	3 years (as per UGC Norms)	M.Lib

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Offers Courses In

ENGINEERING & TECHNOLOGY

Sr.No	Course	Duration	Eligibility
1	Bachelor of Technology in Electronics and Communication Engineering (Electrical Engineering / Mechanical Engineering / Computer Science and Engineering / Information Technology / Civil Engineering / Biotechnology / Automobile / Applied Electronics and Engineering / Chemical / Metallurgical / Mining)	4Years	10+2 with Maths as compulsory Subject
2	M.Tech	2Years	B.Tech in relevant Subjects
3	M.Phil	1 Year	M.Tech in relevant Branch
4	Ph.D	3 Years (as per UGC Norms)	M.Tech in relevant Branch

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Offers Courses In

ENGINEERING & TECHNOLOGY

Sr.No	Course	Duration	Eligibility
1	Bachelor of Technology in Electronics and Communication Engineering (Electrical Engineering / Mechanical Engineering / Computer Science and Engineering / Information Technology / Civil Engineering / Biotechnology / Automobile / Applied Electronics and Engineering / Chemical / Metallurgical / Mining)	4Years	10+2 with Maths as compulsory Subject
2	M.Tech	2Years	B.Tech in relevant Subjects
3	M.Phil	1 Year	M.Tech in relevant Branch
4	Ph.D	3 Years (as per UGC Norms)	M.Tech in relevant Branch

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COURSES OFFERED BY IISDET :





Offers Courses In

ARCHITECTURE & DESIGN

Sr. No	Course	Duration	Eligibility
1	B. Architecture	5 Years	10+2 with Math and Physics as Compulsory Subjects
2	B.Design	4 Years	10+2 with Math and Physics as Compulsory Subjects
3	M.Architecture	2 Years	B.Architecture/ B.Design
4	M.Design	2 Years	B.Architecture/ B.Design
5	M.Phil	1 Year	Post Graduation in relevant Subject
6	Ph.D	3 year (as per UGC Norms)	Post Graduation in relevant Subject





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Offers Courses In

PHARMACY

Sr. No	Course	Duration	Eligibility
1	Diploma in Pharmacy	2 years	10+2 with Biology
2	B. Pharmacy	4 years	10+2 with Biology
3	M. Pharmacy	2 years	B. Pharmacy
4	M.Phil.	1 Year	M. Pharmacy or any relevant Degree
5	Ph.D.	3 year (as per UGC Norms)	M. Pharmacy or any relevant Degree AS PER UGC NORMS





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COURSES OFFERED BY IISDET :

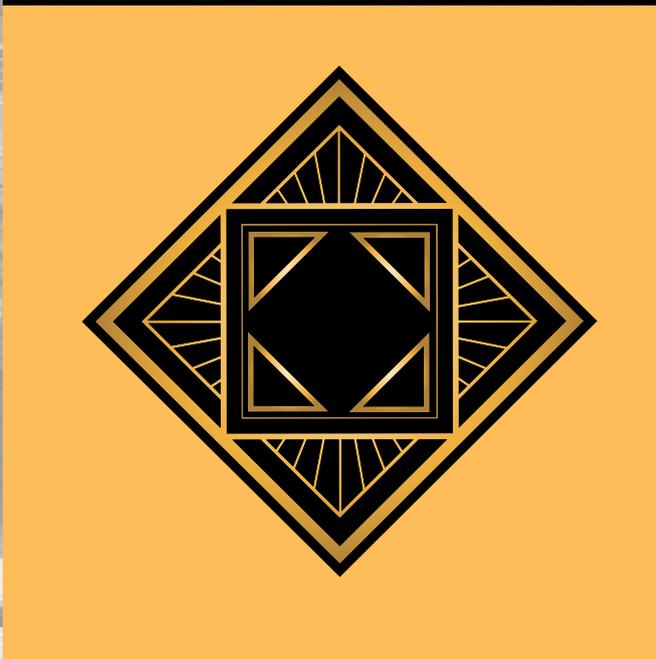
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Offers Courses In
Hotel Management & Catering Technology

Sr. No	Course	Duration	Eligibility
1	B.H.M.C.T	4 Years	10+2 in any Stream
2	M.H.M.C.T	2 Years	B.H.M.C.T or Equivalent
3	M.Phil	1 Year	Post Graduation in relevant Stream
4	Ph.D	3 Years	Post Graduation in relevant Stream

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Offers Courses In
ARTS & CRAFTS

Sr. No	Course	Duration	Eligibility
1	B.A (Fine Arts)	3Years	10+2 in any Stream
2	B.A (Interior Design)	3Years	10+2 in any Stream
3	B.A (Fashion Design)	3Years	10+2 in any Stream
4	M.A (Fine Arts)	2 Years	Graduation in relevant Subject
5	M.Phil	1 Year	M.A
6	Ph.D	3 year (as per UGC Norms)	M.A

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COURSES OFFERED BY IISDET :

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Offers Courses in Allied Health Sciences

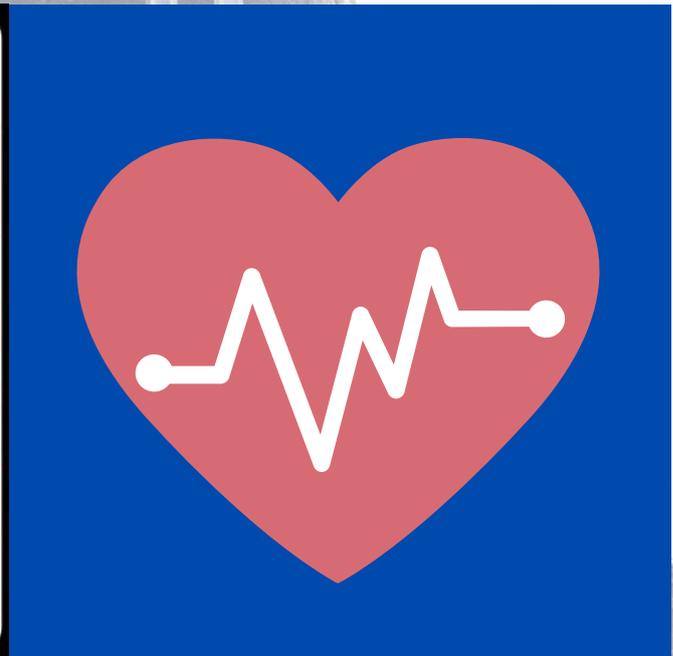


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Sl. No.	Course	Duration	Eligibility
1	B.Sc. in Physiotherapy / Medical Laboratory Science / Radiography / Occupational Therapy	3 Years	10+2 with Biology
2	B.Sc. in Nutrition / Dietetics / Food Science & Technology	3 Years	10+2 in the equivalent
3	B.Sc. in Health Information Management / Health Statistics / Health Administration	3 Years	10+2 in the equivalent
4	B.Sc. in Health Care / Health Services / Health Management / Health Administration	3 Years	10+2 in the equivalent
5	B.Sc. in Health Care / Health Services / Health Management / Health Administration	3 Years	10+2 in the equivalent
6	B.Sc. in Health Care / Health Services / Health Management / Health Administration	3 Years	10+2 in the equivalent
7	B.Sc. in Health Care / Health Services / Health Management / Health Administration	3 Years	10+2 in the equivalent
8	B.Sc. in Health Care / Health Services / Health Management / Health Administration	3 Years	10+2 in the equivalent
9	B.Sc. in Health Care / Health Services / Health Management / Health Administration	3 Years	10+2 in the equivalent
10	B.Sc. in Health Care / Health Services / Health Management / Health Administration	3 Years	10+2 in the equivalent



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Offers Courses in LAW



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Sl. No.	Course	Duration	Eligibility
1	B.A. LL.B	5 Years	10+2 in any Stream
2	B.B.A. LL.B	5 Years	10+2 in any Stream
3	B.Com. LL.B	5 Years	10+2 in any Stream
4	LL.B	3 Years	Graduation in any discipline
5	LL.M	2 Years	Graduation in any discipline
6	M.Phil	1 Year	Master's Degree in relevant Subject
7	Ph.D	Duration 3 year (as per UGC norms)	Master's Degree in relevant Subject

REVIEW

- October the month of Navratri. IISDET celebrated virtual Navratri along with students & directors.
- IISDET believes that Festivals are an expressive way to celebrate glorious heritage, culture and traditions. They are meant to rejoice special moments and emotions in our lives with our loved ones. They play an important role to add structure to our social lives, and connect us with our families and background.
- IISDET is a Hub of various educational courses , so we have a pool of Teachers who shape & sharpen the skills of students to gain fruitful employment.
- IISDET works on strategy of minimizing the GAP between DEMAND & SUPPLY. now seeing the current scenario of COVID 19 PANDEMIC, a large amount of Vacuum is created for paramedical persons in healthcare sector. IISDET Has Successfully Launched The Campaign Of Registering Various Organisation On Apprenticeship Portal And Explained Them The Importance Of Hiring Apprentice.
- IISDET Has Successfully Trained Counsellors For Spreading Awareness For Opening GNM Assistant Course Centers Throughout India. Thus Creating A Pool Of Learning Institutes Who Will Be Able To Generate Paramedical Staff (In The Form Of General Nursing And Midwifery Assistant Candidates) & Will Contribute Government In Providing Manpower To Fight The Pandemic.
- IISDET Has Also Taken Demo Lectures For Students Pan India To Understand The Mechanism Of Online Learning And Had Created Interest Among Youth To Be A Part Of COVID Warrior To Fight This Pandemic By Either Enrolling Themselves As A Student For General Nursing And Midwifery Assistant Course.
- IISDET is striving hard for giving financial independence to the youth by focusing on vocational & skill education.
- IISDET pivots delivering education in learn & earn module which helps to sow the seeds for “ value of money “ in minds of our youth.
- Dr. Hemlata, (Founder Director – IISDET) has been appointed as an Executive member for drafting syllabus for MSBVE (Maharashtra state board of vocational education). In this month MSBVE has approved 2 syllabus drafted by Dr. Hemlata.
 - 1) GNM Assistant Course(One Year After std 10th)
 - 2) Health & Sanitation Officer (HSO) (Six Months After Graduation)Both this course have high employability potentials.
- Festivals are an expressive way to celebrate glorious heritage, culture and traditions. They are meant to rejoice special moments and emotions in our lives with our loved ones. They play an important role to add structure to our social lives, and connect us with our families and backgrounds

Winners for virtual celebration of NAVRATRI



Shabnam sheikh



Poonam ganesh kambli



Anushree mahore



Priyanka shinde



Manisha Gate



Savita ajay bambhal

Winners of virtual celebration of NAVRATRI



Rajaram



Sachin Bandekar



Ashwini



Sudipa sarkar



Preeti boral

OUR CORE TEAM



DR. VASANT JADHAV
FOUNDER, CHAIRPERSON



DR. HEMLATA JADHAV
FOUNDER, DIRECTOR



MR. AAYUSH JADHAV
CEO



MR. VAIBHAV SISODE
DOA



MR. GANESH KADAM
BDO



MR. RAJRATNA ALONE
CMO

OUR STATE DIRECTORS TEAM



**MR. RAGHUNATH MADDIKERI
DIRECTOR, KARNATAKA**



**MR. RAJ VERMA
DIRECTOR, JHARKHAND**



**MR. SABARIGIRI VARADHA
DIRECTOR, TELANGANA**



**MR. SHIBU
DIRECTOR, TAMILNADU**



**MR. SABARIGIRI VARADHA
DIRECTOR, GOA**



**MR. RAKESH KUMAR
DIRECTOR, BIHAR**



**MR. SABARIGIRI VARADHA
DIRECTOR, ANDHRA PRADESH**



**DR. SWAMI ALONE
DIRECTOR, CHATTISGARH**



**MR. MAHENDRA AGARWAL
DIRECTOR, WEST BENGAL**



**MR. SABARIGIRI VARADHA
DIRECTOR, DELHI**

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DIRECTOR, CHANDRAPUR,
MH



MR. MADAN MOHAN
DIRECTOR, HOSUR, TN



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DIRECTOR, THANE (CITY),
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DIRECTOR, WEST GODAVARI,
AP



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DIRECTOR, RAIGADH,
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DIRECTOR, VIJAYWADA,
AP



MS. RUPALI MADDIKERI
DIRECTOR, DHARWAD, KA

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MALKAGIRI



MR. PRASAD RAO
DIRECTOR,
HYDERABAD



MS. MANIKYAM
DIRECTOR, SOUTH GOA



MS. SIRISHA S
DIRECTOR, RANGA
REDDY, TL



MS. T SRI HARINI
DIRECTOR, EAST
GODAVARI, AP



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DIRECTOR, BELGAUM, KA



MR. PRAVEEN BASAVARAJ
DIRECTOR, BAGALKOT,
KA



MR. SUNDEEP SHABAD
DIRECTOR, NORTH
GOA



MR. SANJAY KUMAR
DIRECTOR, RANCHI, JH



MR. SAPANA BAPAT
DIRECTOR, AKURDI



MR. MOHAMMAD SHADATH
NM
DIRECTOR, MANGALORE, KA



MS. V UMA SHANTI
DIRECTOR, BENGALURU/
BANGLORE

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DIRECTOR, Sirsi,
Uttarakannada



MR. Hassan Shabeer
DIRECTOR, Shimoga,
Karnataka



MR. Pradeep Kumar
Singh
DIRECTOR, Moradabad,
Uttar Pradesh



MR. Satyendra Kumar
Sharma DIRECTOR,
Chapra , Bihar

OUR IISDET COUNSELLOR'S



MS. KRUTIKA POSTURE



MR. ROHIT KAMBLE



MS. PRIYA SINGH



MR. RAGHAVENDRA RAO



MS. SUMITRA HADWALE



MS. JYOTSNA



MS. JEENAL GHADIYAL



MS. KHUSHBOO GUPTA



MS. POOJA NIRBHAVNE



MS. PRIYA FERNANDES



MS. AMBIKA KRISHNAN



**MS. PRIYANKA
GHATVISAVE**

OUR IISDET COUNSELLOR'S



**MS. SHYAMALA
RAMKUMAR**



MS. VINITA KUMAWAT



**MS. DEEPSHIKA
CHELLAMUTHU**



MS. PAVITRA



**MS. LAKSHMI
PEETHAMBARAN**



MS. DEEPA



MS. ANUSHA



MR. YOGESH KUMAR





Dr Vasant Jadhav, Founder Chairperson-IISDET, Spreads Awareness About Mental Health.

मानसिक स्वास्थ्य और इसकी जागरूकता

मानसिक स्वास्थ्य जागरूकता का मतलब है कि हम न केवल यह स्वीकार कर रहे हैं कि मानसिक स्वास्थ्य महत्वपूर्ण है, लेकिन हम इसके बारे में बात कर रहे हैं, इसे बाहर रख रहे हैं ताकि जो लोग बहुत अधिक महसूस करते हैं उन्हें वह सहायता मिल सके जिसकी उन्हें आवश्यकता है।”

दुनिया भर में मानसिक स्वास्थ्य एक बड़ी चिंता है और इसे साझा करने में भारत भी पीछे नहीं है। बीमारी के वैश्विक बोझ का लगभग 14% न्यूरोसाइकिएट्रिक विकारों के लिए जिम्मेदार है। मानसिक बीमारियों और अन्य स्वास्थ्य विकारों के बीच अंतर-खेल की अपर्याप्त प्रशंसा के कारण मानसिक विकारों के बोझ को कम करके आंका गया है। स्वास्थ्य समस्याओं के बोझ और स्वास्थ्य समस्याओं के समाधान के संबंध में असमानताओं को दूर करने के आधार पर प्राथमिकता-निर्धारण के काफी मुद्दे बने हुए हैं। मानसिक स्वास्थ्य में हमारे भावनात्मक, मनोवैज्ञानिक और सामाजिक कल्याण शामिल हैं। यह प्रभावित करता है कि हम कैसे सोचते हैं, महसूस करते हैं और कार्य करते हैं। यह यह निर्धारित करने में भी मदद करता है कि हम तनाव को कैसे संभालते हैं, दूसरों से संबंधित हैं, और विकल्प बनाते हैं। वयस्कता के माध्यम से बचपन और किशोरावस्था से जीवन के प्रत्येक चरण में मानसिक स्वास्थ्य महत्वपूर्ण है।

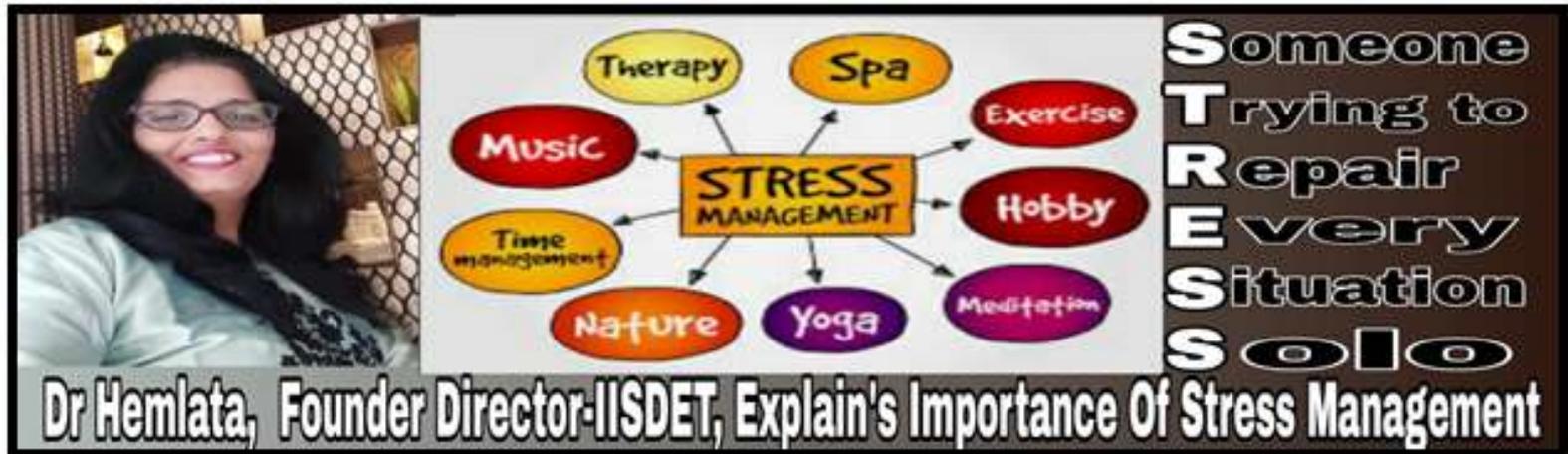
मानसिक स्वास्थ्य की देखभाल कैसे करें?

अपनी भावनाओं के बारे में बात करें। अपनी भावनाओं के बारे में बात करना आपको अच्छे मानसिक स्वास्थ्य में रहने में मदद कर सकता है और ऐसे समय से निपट सकता है जब आप परेशान महसूस करते हैं।

- चुस्त रखो।
- अच्छा खाएं।
- समझदारी से पीना।
- संपर्क में रहना।
- मदद के लिए पूछना।
- एक ब्रेक ले लो।
- तुम कुछ अच्छा करो।

“मानसिक स्वास्थ्य समस्याएं परिभाषित नहीं करती हैं कि आप कौन हैं। वे कुछ आप अनुभव कर रहे हैं। आप बारिश में चलते हैं और आप बारिश को महसूस करते हैं, लेकिन, महत्वपूर्ण बात यह है कि आप बारिश नहीं हैं। ”





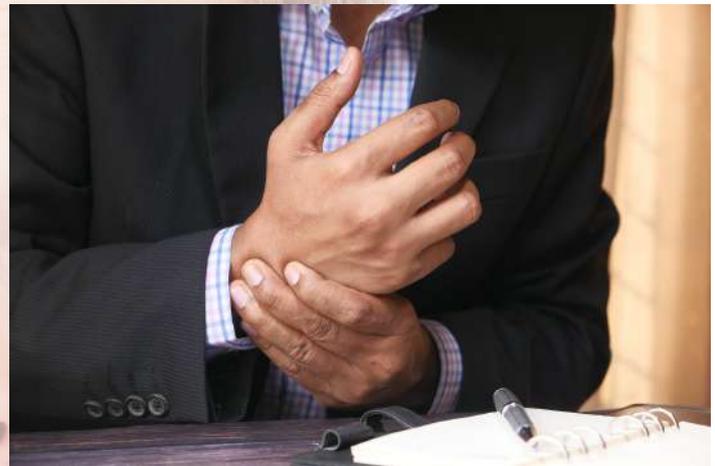
STRESS MANAGEMENT

Stress is the body's reaction to any change that requires an adjustment or response. The body reacts to these changes with physical, mental, and emotional responses. Stress is a normal part of life. You can experience stress from your environment, your body, and your thoughts.

Stress management is a wide spectrum of techniques and psychotherapies aimed at controlling a person's level of stress, especially chronic stress, usually for the purpose of and for the motive of improving everyday functioning. In this context, the term 'stress' refers only to a stress with significant negative consequences, or distress in the terminology advocated by Hans Selye, rather than what he calls eustress, a stress whose consequences are helpful or otherwise. Stress produces numerous physical and mental symptoms which vary according to each individual's situational factors. These can include physical health decline as well as depression. The process of stress management is named as one of the keys to a happy and successful life in modern society.[1] Although life provides numerous demands that can prove difficult to handle, stress management provides a number of ways to manage anxiety and maintain overall well-being.

Effective stress management helps you break the hold stress has on your life, so you can be happier, healthier, and more productive. The ultimate goal is a balanced life, with time for work, relationships, relaxation, and fun—and the resilience to hold up under pressure and meet challenges head on.

Stress in these terms is generally a response to an inappropriate level of pressure: it may, for example, be triggered by not having enough to do, as well as having too much to do. Stress triggers several hormonal responses within the body, including your 'flight/fight' or adrenaline response.



Stress Management Tips

- Keep a positive attitude.
- Accept that there are events that you cannot control.
- Be assertive instead of aggressive. ...
- Learn and practice **relaxation techniques**; try meditation, yoga, or tai-chi for stress management.
- Exercise regularly. ...
- Eat healthy, well-balanced meals.

Why is stress management important?

Effective stress management helps you break the hold stress has on your life, so you can be happier, healthier, and more productive. The ultimate goal is a balanced life, with time for work, relationships, relaxation, and fun—and the resilience to hold up under pressure and meet challenges head on.

What are the 4 A's of stress management?

Expand your **stress management** toolkit by mastering these four strategies for coping with **stress**: avoid, alter, accept and adapt.

10 Ways to Cope with Chronic Stress; LK

- Re-balance Work and Home.
- Build in Regular Exercise.
- Eat Well and Limit Alcohol and Stimulants.
- Connect with Supportive People.
- Carve out Hobby Time.
- Practice Meditation, **Stress** Reduction or Yoga.
- Sleep Enough.
- Bond with Your Pet.



What are psychological and emotional signs of stress?

- **Depression** or **anxiety**.
- Anger, **irritability**, or restlessness.
- Feeling overwhelmed, unmotivated, or unfocused.
- **Trouble sleeping** or sleeping too much.
- Racing thoughts or constant worry.
- Problems with your memory or concentration.
- Making bad decisions.

What can a doctor do for stress?

For example, your **doctor might** offer to **prescribe**: sleeping pills or minor tranquillisers if you're having trouble sleeping. antidepressants if you're experiencing depression or anxiety. medication to treat any physical symptoms of stress, such as irritable bowel syndrome (IBS), or high blood pressure.





Communication skills are needed to speak appropriately with a wide variety of people whilst maintaining good eye contact, demonstrate a varied vocabulary and tailor your language to your audience, listen effectively, present your ideas appropriately, write clearly and concisely, and work well in a group.

Being able to **communicate** effectively is perhaps the most **important** of all **life** skills. It is what enables us to pass information to other people, and to understand what is said to us.

We all **communicate** naturally.... Picture a **life** without **communication**. Technology, relationships, medicine, and much more **would** all be **affected** and less education **would** take place. If we were stripped of **communication**, we **would** all be in this world together, but very alone.

5 Important Communication Skills for Leaders

- **Listening.** The most important communication skill for leaders is the ability to **listen**.
- Complimenting. People work for more than pay; they want to be noticed and praised for their work.
- Delegating Tasks Clearly.
- Managing Meetings.
- Positive Verbal and **Non-Verbal Communication**.

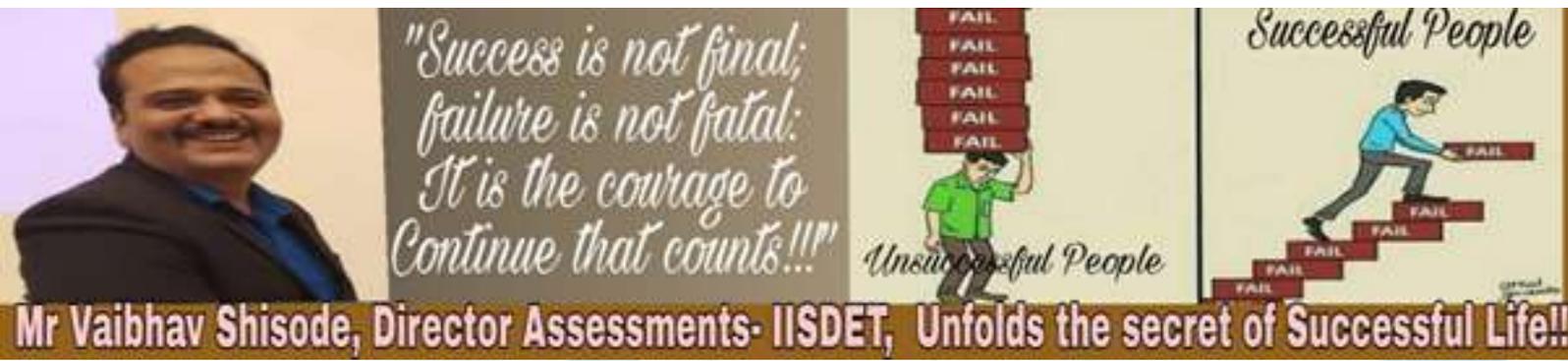
Importance of communication skills for students

Well developed **communication skills** are vital to a child's academic success. At all levels of education, **students** must be able to **communicate** effectively. Without well developed **communication skills**, children run the risk of falling behind their peers or becoming emotionally overwhelmed or withdrawn at school.

Importance of communication skills in the workplace

Workplace communication is very **important** to companies because it allows companies to be productive and operate effectively. Employees can experience an increase in morale, productivity and commitment if they are able to **communicate** up and down the **communication** chain in an organization.





The secret of success is not one single, pithy tip. The “secret of success,” if there is one, is that success is brought about by a combination of smart habits, a tenacious spirit, and a whole lot of luck. Making a few conscious changes to your behavior and attitude could prove to quite rewarding.

5 Keys to Success

- 1) Build high self-esteem Believe in yourself, have confidence, like and feel good about yourself, take pride in what you do.
- 2) Focus with a positive attitude Always expect the best possible outcome for what you do. Your thoughts are like magnets; you attract what you think.
- 3) Set powerful goals Give your brain a place to aim. Set goals so that you can reach them. When you do reach a little higher.
- 4) Persevere Never quit. Never give up. Keep going and keep trying.
- 5) Maintain a healthy mind, body, and spirit Take care of yourself through a healthy diet, exercise, and say no to drugs.





Adability & Flexibility along with Critical thinking are important qualities needed Post COVID



Mr Sabarigiri Varadha , State Director- Andhra Pradesh- IISDET, An author, Speaker, Stratergy & Leadership Coach, Futurist & a Maverick Portfolio Entrepreneur guides about best practices organization seek during & Post COVID.



In the previous edition of this e-magazine, I wrote about how and what effective leadership qualities and key overriding strategies and practices that will help an organisation to overcome the crisis this pandemic

has got us into. As we all understand by now, that the Black Swan event like the current coronavirus pandemic demands a rethink in strategies, practices and skillsets across all corners of the industries, there is plenty to learn from each industry’s entrepreneurs or it’s leaders.

Leadership that can be trusted and is Adaptable, Flexible, Creative, Innovative, Collaborative, Emotionally Intelligent, Critical thinking, Data Literate, Quick Decision Making leading to Short Lead-times, Consistent Practice, being able to Produce Locally, digital-first approach and a lifelong commitment to learning have put new business owners in a strong position to respond to the current market realities and offer additional insight on the skill gaps in their businesses and others like them. Below are few insights about what job skills and experience many of the entrepreneurs especially the startups are currently looking for, as they double down in their efforts to thrive within a changing landscape.

Below are few offerings on the best practices and key learnings on the skills gaps that are opening up amid Pandemic: **First, Break all the Rules and Focus on Trust** "Asking, 'Why not? What can't we try it this way?" always play a very big part in any company’s growth, who is not funded or have sufficient leverage of getting funded to play by the rule book. These companies will always learn their way around things — it indeed will feel second nature to be finding new ways to grow and do things.

It all boils down to the relationships the company has with its manufacturers and building strong bonds with the people they work with.

The emphasis must be on trust between your team and the wider people you are working with including your suppliers and retailers. You’re lucky if you have forged that kind of trustful relationships with both suppliers and retailers.

Any part of the industry that you are working with, and the community you have created, needs to be a real one that stands for your values and beliefs.

Adaptability and Flexibility

Carmakers are making ventilators and winemakers started producing hand-sanitizers. Such adaptability not only keeps the cash flow going but also helps in scoring valuable marketing points by serving the consumers in their hour of need.

One thing is for certain, the ways companies operate and work are going to change. The world was already changing rapidly, but the pandemic accelerated it. There will be few “jobs for life.” Someone that is going to succeed in a post-coronavirus-world will need to be able to adapt to ever-evolving workplaces and have the ability to continuously update and refresh their skills.



Interdisciplinary and Communication Skills Are Key

Companies run by small teams usually like to get things done without much command-and-control hierarchy as each one of them are empowered on how to respond by implementing decisions without having to gain approvals. There's a lesson or two for large organisations to take home - Keeping it lean is the pivotal point here. That lack of hierarchy – that we're all in it together, building something together — is key. Be curious about what the person sitting next to you does. We usually see this in small businesses who have a young team who are all very creative and business-oriented. They're keen to learn something different from their usual remit. That kind of personality comes to the forefront in times like this.

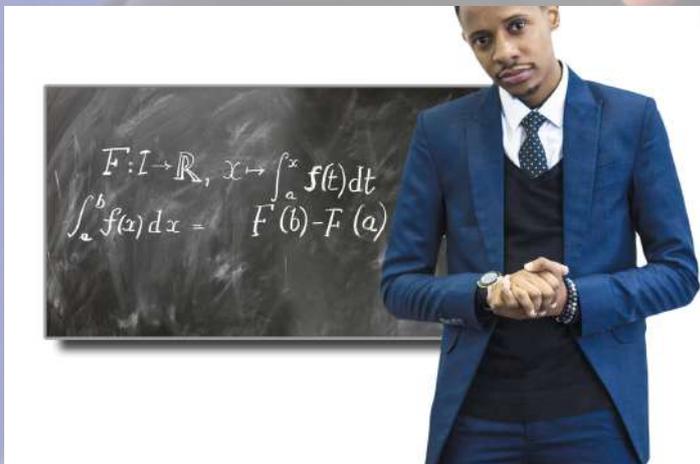
For example, there are companies whose brands are built in a digital age and their recruitment considers every requirement of the digital age. This won't change, no matter what happens to their business model. Communication skills and self-management are key, as well as being a good planner and passionate about what you're doing. These skills must always be the top priorities and will remain so when you continue hiring to sail during and post Covid-19.

Critical Thinking

Another skill that will be essential as our global economy rebuilds from the damage done by COVID-19 is critical thinking. Critical thinking is the intellectually disciplined process of actively and skillfully conceptualizing, applying, analyzing, synthesizing, and/or evaluating information gathered from, or generated by, observation, experience, reflection, reasoning, or communication, as a guide to belief and action.

During the pandemic, we have seen a spike in fake news and misrepresentations of data and studies, as leaders, businesses, and governments are trying to shift blame and divert attention and proper scrutiny.

Critical thinking relates to our thought processes, how we make decisions, how we use our judgment, and how we take action to solve problems. People who can objectively evaluate information from diverse sources to determine what is credible will be valued. Not all information should be trusted, but organizations will need to rely on critical thinking to understand what information should inform decision-making.



Be Solutions-Oriented and Show Vulnerability During the Crisis

If you're looking for a job change then please do ensure that you draft a short line in your CV on how you managed or approach these tough times. It's a great opportunity to present your problem solving skills. Be solutions-oriented, rather than getting lost in negativity. A couple of sentences on how you would navigate this would be really important. Any company in the current scenario which continues to hire will look for more on risk analyzing in every department — every person needs to be their risk analyst.

Amid the pandemic kind of crisis, the ability to be vulnerable will be a key for many of the organizations but it is fundamental right now to build a team that trusts each other, so someone can say if they're not ok and that they might need a bit more help with this or that. That show of vulnerability and resilience must be strong — it isn't about soldiering on but being open about what you're struggling with.

Quick decisions - Practice, practice, practice

As with all things, practice is always the solution to getting better at something. The more you make quick decisions, the better you'll become—and the less you'll second guess yourself over time.

A simple way to make this easier? Put your decisions into context in relation to your day, month, or year. More often than not, we agonize over decisions that don't have much significance in the grand scheme of our lives. We spend thirty minutes deciding what to watch on Netflix when, in reality, that decision doesn't actually matter. There are no real consequences over choosing the wrong thing except lost time, but what about the thirty minutes you lost trying to pick something?

Obviously, this is a sliding scale, and it changes based on the importance of the decisions you make regularly. However, it's okay to nudge yourself toward making faster-decisions even when something might feel like a risk. If you're sending an email to a potential client, for example, you might be wavering over the send button — but you've already spent the time deciding what to say, writing, and editing. What will happen if they say no? Is it world shattering? If not, give yourself sixty seconds (or less) and hit it.

Remember, decision-making skills are a muscle, and you'll get better — and stronger — the more you use them. And if you avoid decision making? Don't be surprised if the skill begins to atrophy. Be patient with yourself, however, and don't expect to be a quick decision-making machine overnight. Start small, keep working on it, and go from there.



Regaining Relevance by being Innovative, Creative, Collaborative Localized Production

60 years ago, you would have your local cobbler, fishmonger, grocery shop. It's a misconception to think you can't scale while keeping production local. The crisis has highlighted from a business point of view just how important and beneficial localized production is.

To put my case strong in forth here let me tell you an inspiring success story of how Entrepreneur Pooja Apte launched brand Nemital to create sustainable footwear by recycling discarded and scrap truck tyres. During the process, she learned there are not many people working in the field of upcycling textile and plastic. So she decided to work on tyres and started experimenting.

She did a lot of research on scrap tyre businesses. But all of them required huge capital investments with late returns. For example, through pyrolysis (a method to recycle discarded tyres), one can make commercial oil, carbon black and construction rods. But all of that requires heavy investments, and if the chemical process does not happen properly, it only leads to pollution. The government also banned reusing tyres for safety reasons, and these discarded tyres are non-biodegradable. So she felt she needed a solution to the problem as well.

While continuing her research, Pooja came across certain African communities using discarded tyres as footwear, and that is when the idea struck. This particular idea did not require any chemical processes, and it was feasible to enter the commercial (B2C) sector.

The young entrepreneur brainstormed, and then came up with a footwear model that had a better design and more applicability than the examples she saw from Africa. It didn't take her long to come up with a commercially acceptable type – made from truck tyres. After a couple of initial prototypes and working with a mentor, she presented her idea at 'Startup India' – a series of conclaves held across the country for budding startups. She got the prototypes made from a roadside cobbler.

In November 2018, She won Rs.50,000 in the 'Upcoming Woman Entrepreneur' category, organized by the Maharashtra State Innovation Society.

Thus the brand 'Nemital' under the company 'Blink Green' was born.

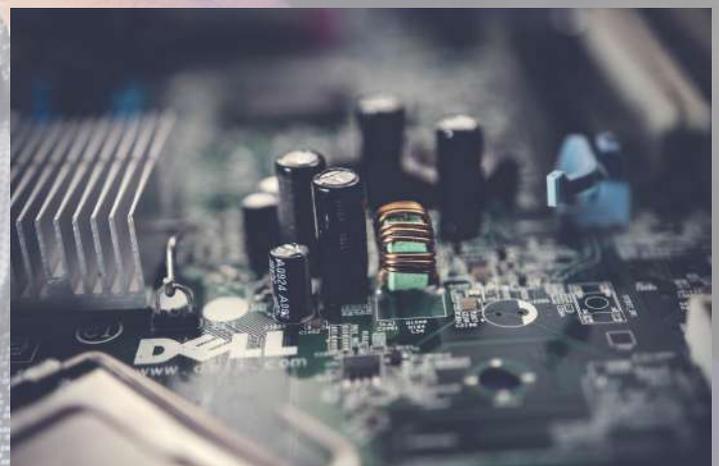
She took her orders on social media. She sold about 1,000 pairs in the past one and a half years – upcycling 400 kg of scrap tyres.

Over the last few months, Pooja has slowly expanded her team. She still gets her footwear done from cobblers and have hired five karigars (artists) on a contract basis. She also has hired a full-time designer working for her as a creative head.

Today, Nemital offers Kolhapuris, Mojris, sandals and even heels. The point to drive home here is - Innovative, Creative, Collaborative Localized Production. Right from getting the footwear done from cobblers to hiring karigars on a contract basis, to sourcing the scrap tyre from an old ragpicker lady to procuring scrap tyres is from a company involved in pyrolysis, a process to recycle used tyres. It is harder and will affect margins in the short term, and it's possible. We need to support and utilize these skills and businesses. In times like these, they are your saving grace.

Tech Savviness

According to the Oxford dictionary, a tech-savvy person is someone who is well informed about modern technology, and also uses his/her skills to take advantage of the current technology. Being technology savvy increases your productivity and efficiency since you can achieve more in less time. Instead of taking out time from a busy schedule to go and have a meeting with someone, you can choose teleconferencing or even text messages in case there is someone you aren't able to contact. COVID-19 has accelerated the adoption of digital culture worldwide. As millions are now working from home, buying groceries online, and using digital wallets – it seems like almost everyone has become a digital native. One of the best ways to prepare yourself for a post-coronavirus-world is to acquire technology skills. The COVID-19 pandemic is fast-tracking digital transformations in companies as they are trying to become more resilient to future outbreaks and disruptions. The reality is that technologies such as artificial intelligence, big data, the Internet of Things, virtual and augmented reality, and robotics will make businesses more resilient to future pandemics, and anyone that can help companies exploit these technologies will be in a great position. Whether you work in a factory or an accounting office in a post-coronavirus world, you need to be comfortable with these tech tools as well as be able to work with them effectively.



Big Hires Will Be Needed Within Small Businesses

Adversity can also be a great opportunity. War not only destroys but also creates opportunities for those who are resilient and keen to rebuild. Today, our war against coronavirus has brought to us similar challenges and opportunities. An effective HR consultant might be the one who can figure out new logistics of making and shipping e-commerce orders from your small business. Having people within your business who know what to focus on are incredibly important. And hiring such resources becomes mandatory during Black Swan event such as the current one. Sometimes, one right decision of hiring an amazing right resource for the growth you want to experience is what it would take you and your organisation to come through this situation. Having a new sales manager, which is vital as the e-commerce and online sales is an area that businesses are focusing on, as it will be in their strategy to grow that part of their business. Which might help the senior executives to have more time for strategy and creativity. Or hiring a PR director would be a great addition because it's now more important than ever to reach your audience — it's far more than selling bags and shoes or for that matter any product.

For instance, let's talk about hand sanitizers. Before the pandemic came into the picture, there were a handful of brands and the product was at best considered an item of necessity in certain hospital areas. However, today, it is a product that the masses cutting across economic and geographic divisions are aware of. The consumption has increased several-folds in the last three months itself. Similarly, surface disinfectants, soaps, masks, gloves, sanitizer sprays and other such hygiene products have seen such a rise in demand that there is a demand-supply gap today. It is this growth potential that has already brought several new brands into the market, and there will be a lot of investment in this arena. It is not only during the COVID-19 pandemic, but also hygiene which will continue to be one of the most rapidly growing industries in the future. This is a great lesson in understanding one aspect of operations that were previously given little thought by most businesses. Things were being run with focus only on the graphs and marketing. Times have changed now.



Data Literacy

The cost of not understanding the context of data is huge. Data literacy has become important, for almost everyone. Companies need more people with the ability to interpret data, to draw insights, and to ask the right questions in the first place. These are skills that anyone can develop, and there are now many ways for individuals to upskill themselves and for companies to support them, lift capabilities, and drive change. As the fuel of the 4th Industrial Revolution, data is a critical asset for every company. With the right data, companies can better predict the impact of future business disruptions and are better able to serve customers with the right products and services during or after any pandemic. Companies that understand business trends and shifting customer needs are better able to respond in the right way should a future pandemic come along. However, the data is useless to a company unless there is data literacy—people equipped with skills to understand the data and make better decisions because of it. Professionals with data literacy will be even more appealing to prospective employers than ever before.

Leadership

Leadership has nothing to do with seniority or one's position in the hierarchy of a company. Too many people talk about a company's leadership referring to the senior-most executives in the organization. They are just that, senior executives. Leadership doesn't automatically happen when you reach a certain pay grade. Hopefully, you find it there, but there are no guarantees.

Peter Drucker: "The only definition of a leader is someone who has followers."

I believe leadership is all about influencing, empowering and maximizing efforts of an individual or a team or an organisation or a country to translate a vision into reality. One of the changes in a world that are heavily augmented by the support of machines and where social distancing and home working might continue for the foreseeable future, is that more people at all levels of an organization will be in a position where they lead others. The gig economy is only going to grow post coronavirus, and people will be working in more fluent teams where people are taking the lead at different times. Professionals with strong leadership skills, including how to bring out the best and inspire teams as well as encourage collaboration, will be in demand.

Emotional Intelligence

Closely linked to leadership is another skill that is even more important in uncertain and challenging times: Emotional Intelligence (EQ). The ability to be aware of, express, and control our emotions and be aware of others' emotions. At times when people might feel uncertain about their job and the future of their business, it is key to connect with people on an emotional level. To be effective, leaders must have a solid understanding of how their emotions and actions affect the people around them. The better a leader relates to and works with others, the more successful he or she will be. Take the time to work on self-awareness, self-regulation, motivation, empathy, and social skills. For leaders, having emotional intelligence is essential for success. After all, who is more likely to succeed – a leader who shouts at his team when he's under stress, or a leader who stays in control, and calmly assesses the situation? Individuals with strong EQ will be coveted by organizations of all sizes and in all industries.

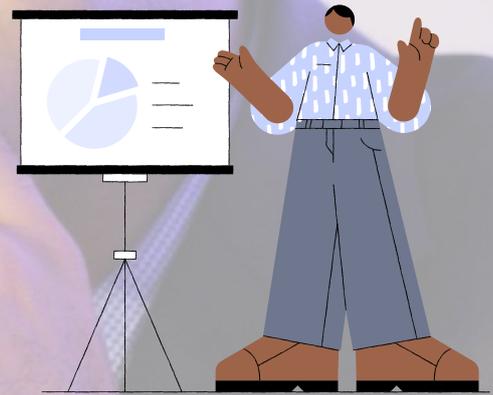
Commit to a Lifetime of Learning

To commit to being a lifelong learner, you must cultivate the right mindset. A lifelong learning mindset requires curiosity about the world. A curious mind wants to know more — it longs for new challenges, ideas and experiences, and isn't satisfied with the status quo. According to the World Economic Forum, in just five years, 35 percent of the skills deemed essential today will change. There's only one way to remain relevant in a post coronavirus reality: commit to a lifetime of learning.

“Commit yourself to lifelong learning. The most valuable asset you'll ever have is your mind and what you put into it.”
- Brian Tracy

When faced with a tight job market, professionals with advanced and expert job skills will still be in demand and will likely struggle less to find employment. The good news is that improving your skills has never been easier. Today, it doesn't require years of study or hefty loans to build up your skillset to be prepared for a post-coronavirus world. There are endless free and open online courses (Massive Open Online Courses (MOOCs)) available that will help you improve your skills.

The coronavirus pandemic is testing not only the leaders of companies and organizations but also every human resource in every sector around the world. Its consequences could last longer and present greater difficulties than anyone anticipates. The prolonged uncertainty is all the more reason for leaders and every decision-maker in an organisation to embrace the practices described in this article. Those who do will help establish or reinforce behaviors and values that can support their organizations and communities during this crisis, however long it continues, and prepare them well for the next large-scale challenge.



ONLINE EDUCATION

Online learning is rapidly becoming one of the most cost-effective ways to educate the world's rapidly expanding workforce."

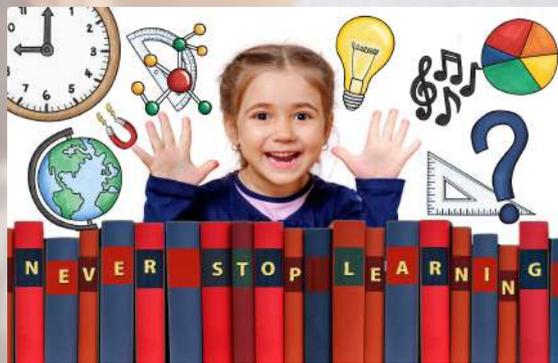


Ms Hemangini Biswas, Chandrapur Director-IISDET, & Online Course Coordinator focuses On ONLINE Education System.

I am Hemangini Biswas, from IISDET. We are conducting a online classes due to covid-19 crimises. These online classes is uncomfortable but it is very much helpful and beneficial.

- 1) Students are attending their classes from home with a health safety and travelling allowances is saved.
- 2) The students will attended regular class with their daily work.
- 3) Students don't need to be ready for the join classes, it will save the time also.

In a current situation we are benefited by the online classes and it should be necessary to update now in online version. Now a time to aware itself, how to care and increase immunity with join us IISDET. You will be do other courses after joining of IISDET. IISDET gives an opportunity to learn something about your health and wealth with earning. Your life will be more joyful with aim of IISDET learning with earning. You live a better life.





"अगर आप एक पुरुष को शिक्षित करते हैं तो आप सिर्फ एक पुरुष को शिक्षित करते हैं; लेकिन अगर आप एक स्त्री को शिक्षित करते हैं तो आप एक पूरी पीढ़ी को शिक्षित करते हैं।"



Ms Jyotsana, Tele Counselor, Bihar State Explains Importance Of "GIRL EDUCATION"

वैसे तो नारी के बारे में लिखने जाओ तो हजारों मुद्दे हैं आज मैं नारी कि शिक्षा के बारे में लिखना चाहती हूँ उनके साक्षरता के बारे में लिखना चाहती हूँ नारीयो को साक्षर होना कितना महत्वपूर्ण है मैं यह लिखना चाहती हूँ ऐसे तो हमारे यहां नारी भी बराबर की हकदार है। पर आज भी शिक्षा की कमी से अपने हक की लड़ाई नहीं लड़ती है। इसलिए नारी शिक्षा एक महत्वपूर्ण विषय है क्योंकि शिक्षा ही संस्कृति का आधार होता है और यदि एक औरत शिक्षित होगी तो उसका बच्चा शिक्षित होगा और यदि एक बच्चा शिक्षित होगा तो उसका परिवार शिक्षित होगा और यदि एक परिवार शिक्षित होगा तो एक समाज एक गांव शिक्षित होगा और इस प्रकार एक गांव से जिला और हमारा पूरा देश धीरे-धीरे शिक्षित हो सकता है। क्योंकि जन्म लेते बच्चे का पहला पहला शिक्षक माता ही होती हैं जो उसे संस्कार और अनुशासन सिखाती है। यदि एक नारी अशिक्षित और वह घर में अकेली है और से दवा लेना होता है तब उसे दिक्कत होती है कॉस्मेटिक चीजें खरीदने में दिक्कत होती है अपने हक के लिए लड़ने में दिक्कत होती है आज के विकसित युग में अन्य अन्य प्रकार की दिक्कत होती है।

वैसे तो आजकल के युग में लड़कियों को शिक्षित करने में कोई भी माता-पिता पीछे नहीं होते किंतु फिर भी लड़कियों को दूर जाकर पढ़ाई करने की बात पर पीछे हट जाते हैं इसके पीछे कई सारी समस्या है जिस पर नजर डालनी और उसे सुधारने की जरूरत है क्योंकि अधूरी शिक्षा भी हानिकारक ही होती है। किसने लिखा है की पढ़ी-लिखी माता घर की भाग्य विधाता।

महिलाओं को अशिक्षित रहने का सबसे बड़ा कारण यह था कि जब हमारा देश आजाद नहीं था तब महिलाएं अंग्रेजों के डर से अपने घर से बाहर नहीं निकलती थी और घर का काम काज करती थी और उसके बाद यह परंपरा सा हो गया की घर की औरत घर में रहेंगी बाहर नहीं जाएंगी।

आज देश बदल गया है महिलाएं आगे बढ़ने लगी फिर भी देश में 64.6% महिलाएं ही शिक्षित है जिसमें शहर की महिलाओं की संख्या ज्यादा है। महिलाओं का अशिक्षित होने का एक और कारण होता है गरीबी।

ज्यादातर परिवार में अगर लड़का और लड़की होते हैं तो माता पिता अपनी लड़का को ही उच्च शिक्षा देते हैं लड़कियों को घर की काम और परिवार संभालना सिखाते हैं यह सोच कर की आगे चलकर शादी करके दूसरे का परिवार संभालने अगर इसमें पैसे खर्च कर देंगे तो शादी में पैसे कहां से लाएंगे यह सोचकर ज्यादातर माता पिता जो पैसे लड़कियों की पढ़ाई में खर्च करने होते हैं वह पैसे जोड़ के रखे रहते हैं उनकी शादी के लिए ताकि वह पैसे उनकी शादी में खर्च कर सके। और वही उनकी सोच यह भी होती है कि यदि वह अपने बेटे को उच्च शिक्षा देते हैं पढ़ाते लिखाते हैं तो आगे बढ़ेगा और उनके परिवार को आगे बढ़ागा, उनका नाम आगे बढ़ाएगा। वही लड़कियां दूसरे के घर जाते हैं दूसरे का परिवार बढ़ाती है इस तरह की विचारधारा भी लड़कियों की शिक्षा में बाधा बनती है।

आज के समय में भी दहेज प्रथा है वैसे तो उसके खिलाफ कई बार सरकार कदम उठाई लेकिन हम कह सकते हैं कि अभी तक सफलता नहीं मिली आज भी दहेज लिया जाता है। आज इसके कारण भी गरीब माता-पिता अपनी बेटियों को पढ़ाने की वजाए एक-एक पैसा जोड़कर उनकी दहेज के लिए रखते हैं।

हमें इस तरह की विचारधारा को मिटाना होगा लड़कियों के साथ-साथ उनकी माता पिता को भी नारी शिक्षा की महत्व को समझाना होगा क्योंकि अगर लड़कियां पढ़ना शुरू करेंगी आगे बढ़ेंगी कुछ बनेंगी कुछ करेंगी कोई और अवधा पाएंगी तब कहीं जाकर शायद दहेज लेने जैसी परंपरा खत्म हो। क्योंकि जब एक नारी शिक्षित होगी तो अपने परिवार के साथ साथ अपने समाज खानदान को शिक्षित करें उसके लड़के भी शिक्षित होंगे और अगर वह लड़के शिक्षित होते हैं उसकी मनो धारा अच्छी होती है उनकी विचारधारा सही होती है तो वह भी दहेज प्रथा के खिलाफ खड़े होंगे और तब कहीं हमारे देश से दहेज प्रथा खत्म हो।

इसलिए अगर कम शब्दों में कहा जाए तो हमारे देश में ज्यादातर समस्याएं नारी शिक्षा की कमी और उसकी स्किल की कमी से है। अगर नारी शिक्षित होंगी तो देश तो देश शिक्षित होगा। आज सरकार नारियों को शिक्षित करने की नारियों को आगे बढ़ाने की योजनाएं चलाई है किंतु फिर भी नारी के अंदर खोफ है डर है और उनके खोफ को खत्म करने की जरूरत है क्योंकि अगर एक नारी शिक्षित होती है तो अपने घर में आर्थिक परिस्थितियों में मदद कर सकती है अपने बच्चों को पढ़ा सकती है। आपकी बाहरी तनाव और ऑफिस की परेशानियों को समझ सकती है आपकी मदद कर सकती हैं समस्याओं में सूझबूझ से बाहर निकल सकती है।

यदि अगर नारी शिक्षित होती है तो सबसे महत्वपूर्ण बात की दहेज प्रथा के लिए नारी ही नारी को प्रतिद्वंद्विता करती है ऐसा होना बंद हो सकता है समस्याओं को समझेगी और दहेज प्रथा जैसी गलत प्रथाओं का विरोध करेगी और घर में शांति और उन्नति लाएगी।



Map of India... Representing IISDET Centres in India.

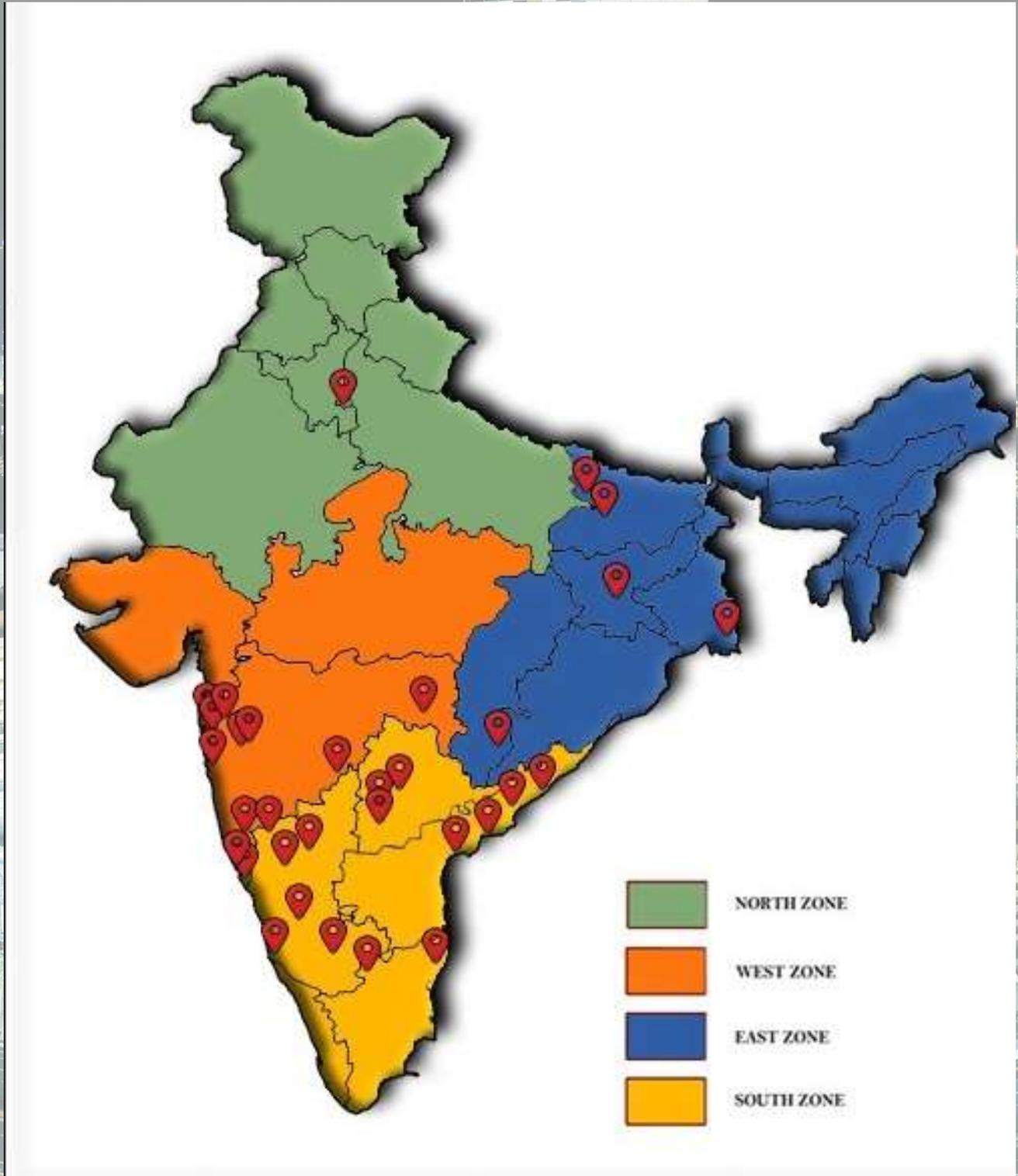


PHOTO GALLERY

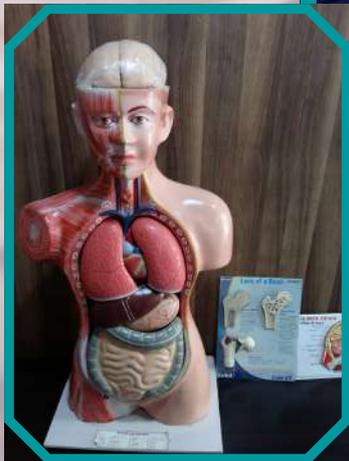


PHOTO GALLERY



PHOTO GALLERY



INFORMATIVE FLY POSTER'S

This collage features several promotional posters for IISDET courses. Key elements include:

- Lockdown Offer @ 50% Off**: Promoting online nursing courses.
- Government Approved**: Highlighting the credibility of the courses.
- 100% Job Assistance**: A major selling point for graduates.
- 3 Months Online Theory**: Detailing the course structure.
- ON JOB TRAINING**: Emphasizing practical experience.
- WORLD WIDE U LEARN**: Promoting flexible learning options.
- 1 Year Course**: Advertising a long-term program.
- 15th May International Light Day**: A seasonal health-related poster.
- 12 June National Loving Day**: Another seasonal health poster.
- 100% Job Assistance**: Repeatedly mentioned as a benefit.

This collage contains promotional posters for May 2020. Key elements include:

- 6th May International No Diet Day**: A health awareness poster.
- 7th May International Day of Yoga**: Promoting yoga as a health practice.
- 17th May International Nurses Day**: Celebrating nursing professionals.
- National Buttermilk & Dahi Day**: A health poster about dairy products.
- Quarantine Offer**: Promoting online courses during lockdown.
- Doesn't matter how broken you are, you can still learn**: An inspirational message.
- You Can Still Start a Better Life Than Before**: Another motivational poster.
- Learn Online**: Encouraging digital education.

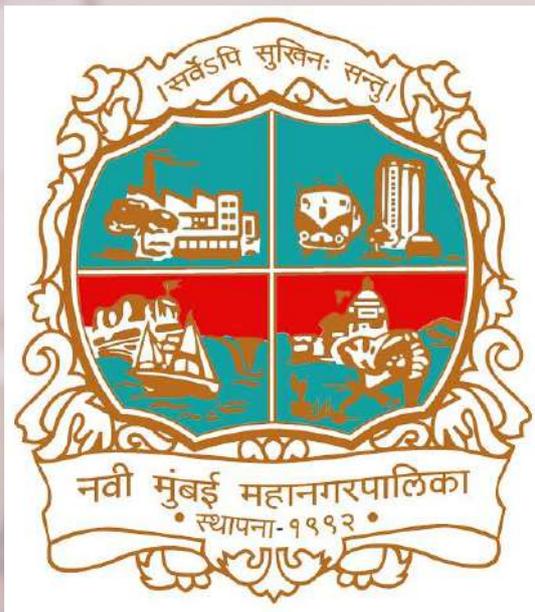
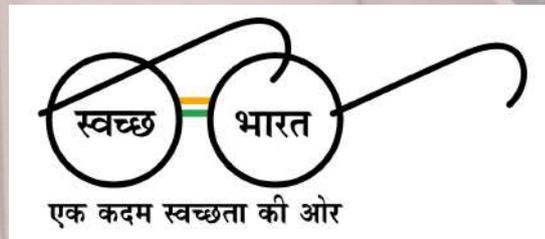
This collage features promotional posters for June 2020. Key elements include:

- Study and Work Safely Against Diseases and Infection**: A health awareness poster.
- Learn Online @ 50% Off**: Promoting discounted online courses.
- Quarantine Big Offer**: Encouraging online learning during isolation.
- Earn Upto Rs 50,000/- Month**: A high-earning opportunity.
- Wanted 50 Telecallers To Work From Home**: A recruitment poster.
- 10th / 11th June International Day of the Girl**: A seasonal poster.
- 12th June National Loving Day**: A health poster.
- 15th June International Day of the Nurse**: Celebrating nurses.
- 18th June International Day of the Young Person**: A seasonal poster.
- 20th June International Day of the Refugee**: A seasonal poster.
- 22nd June International Day of the Girl Scout and Girl Guide**: A seasonal poster.
- 24th June International Day of the Father**: A seasonal poster.
- 26th June International Day of the Anti-Corruption**: A seasonal poster.
- 28th June International Day of the Girl**: A seasonal poster.
- 30th June International Day of the Girl**: A seasonal poster.

This collage contains promotional posters for July 2020. Key elements include:

- 1st July International Day of the Girl**: A seasonal poster.
- 2nd July International Day of the Girl**: A seasonal poster.
- 3rd July International Day of the Girl**: A seasonal poster.
- 4th July International Day of the Girl**: A seasonal poster.
- 5th July International Day of the Girl**: A seasonal poster.
- 6th July International Day of the Girl**: A seasonal poster.
- 7th July International Day of the Girl**: A seasonal poster.
- 8th July International Day of the Girl**: A seasonal poster.
- 9th July International Day of the Girl**: A seasonal poster.
- 10th July International Day of the Girl**: A seasonal poster.
- 11th July International Day of the Girl**: A seasonal poster.
- 12th July International Day of the Girl**: A seasonal poster.
- 13th July International Day of the Girl**: A seasonal poster.
- 14th July International Day of the Girl**: A seasonal poster.
- 15th July International Day of the Girl**: A seasonal poster.
- 16th July International Day of the Girl**: A seasonal poster.
- 17th July International Day of the Girl**: A seasonal poster.
- 18th July International Day of the Girl**: A seasonal poster.
- 19th July International Day of the Girl**: A seasonal poster.
- 20th July International Day of the Girl**: A seasonal poster.
- 21st July International Day of the Girl**: A seasonal poster.
- 22nd July International Day of the Girl**: A seasonal poster.
- 23rd July International Day of the Girl**: A seasonal poster.
- 24th July International Day of the Girl**: A seasonal poster.
- 25th July International Day of the Girl**: A seasonal poster.
- 26th July International Day of the Girl**: A seasonal poster.
- 27th July International Day of the Girl**: A seasonal poster.
- 28th July International Day of the Girl**: A seasonal poster.
- 29th July International Day of the Girl**: A seasonal poster.
- 30th July International Day of the Girl**: A seasonal poster.

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